

"MEMORY-BOOSTERS FOR NURSING STUDENTS"

1. How to remember the path of sperm in the male reproductive tract?

'SEVEN UP':

Seminiferous tubules,

Epididymis,

Vas deferens,

Ejaculatory duct,

Nothing,

Urethra,

Penis.

2. Pheochromocytoma: common symptoms 5 P's: 5 P's:

Paroxysmal rise in BP

Palpitations

Perspiration

Pain in abdomen

PMV in urine

3. Middle adolescence (14-17 years): characteristics HERO:

Heterosexual crushes/ Homosexual Experience

Education regarding short term benefits

Risk taking

Omnipotence

- And there is interest in being a Hero (popular).

4. Anesthetics equipment check MISMADE:

Machine check

IV supplies

Suction

Monitors

Airways

Drugs

Equipment

5. Nursing care for Sprains and Strains (RICE)

Rest

Ice

Compression

Elevation

6. Tracheal Esophageal Fistula 3C:3C's

Choking

Coughing

Cyanosis