

NEED FOR PROACTIVE LEARNING AMONG NURSING STUDENTS

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Introduction:

Learning is a process that is purposeful and goal directed. It is an active process, of modification of behaviour. The process of learning continues till death.

Definition:

Learning by self motivation or self directed learning.

It takes place as a result of the intrinsic motivation, where the student takes the initiative to learn more and more by utilizing the available resources.

Proactive learner:-

It has been used to describe a student who has skills of meta - cognition or skills of learning how to learn and can apply or transfer them to appropriate situation.

Aim: is to encourage students to recognize when and how to manipulate their learning environment to maximize their chance of learning.

Rationale for proactive learning

It also implies that the students have the ability to focus their attention, to motivate themselves and to seek out a variety of strategies to change their learning situation. This might mean asking teachers to present material in varied formats.

Advantages:

- The student can proceed at his own speed and at his own convenience.
- They can repeatedly study the material till they mastered it.
- It helps the student to become problem solver, and independent of their teacher's attitudes and beliefs.
- It also makes them to get acquainted with latest trends in nursing and thereby they can lead a successful career.

Difference between Proactive & Reactive learning

Proactive

- Intrinsic motivation
- By self initiation to learn
- Practical guidance from teacher's

Reactive

- Extrinsic motivation
- By compulsion from teachers or Parents.
- Full guidance from teachers.

Role of Nurse educator in promoting proactive learning.

- 1) Always place two choices in front of students.
- 2) Give proper explanation of each choice.
- 3) Allow them to select the preferable one after proper explanation.
- 4) Provide them all the needed materials for learning.
- 5) Give adequate time.

Conclusion:-

Being proactive is obviously the ideal, and implies a deliberate engagement with learning and learning activities.

References:

1. Dr. A. Kurian George, Nursing education, BI Publication Ltd, Delhi, P.76.
2. B. Sankara Narayanan, 2009 Learning and teaching in nursing brainfill publications, Calicut, P106.

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