

MNEMONICS - 1 J

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Rapid Sequence Intubation (RSI)

SOAP ME

Suction

Oxygen

Airway Equipment

Positioning

Monitoring & Meds

E_tCO₂ & other Equipment

Subarachnoid hemorrhage (SAH) causes

BATS

Berry aneurysm

Arteriovenous malformation/
Adult polycystic kidney disease

Trauma

Stroke

Esophageal cancer: risk factors

ABCDEF

Achalasia

Barret's esophagus

Corrosive esophagitis

Diverticuliis

Esophageal web

Familial

Altered Level of Consciousness: Reasons

AEIOU TIPS

Alcohol

Epilepsy, Electrolytes, and Encephalopathy

Insulin

Overdose, Oxygen

Underdose, Uremia

Trauma, Temperature

Infection

Psychogenic, Poisons

Stroke, Shock

Heart valve auscultation sites

"All Patients Take Meds":

Aortic

Pulmonary

Tricuspid

Mitral

Abdominal swelling causes

9 F's

Fat

Feces

Fluid

Flatus

Fetus

Full-sized tumors

Full bladder

Fibroids

False pregnancy

Congenital myopathy: features

DREAMS

Dominantly inherited, mostly

Reflexes decreased

Enzymes normal

Apathetic floppy baby

Milestones delayed

Skeletal abnormalities

Dementia: reversible dementia causes

DEMENTIA

Drugs/Depression

Elderly

Multi-infarct/Medication

Environmental

Nutritional

Toxins

Ischemia

Alcohol

Gynaecomastia causing drugs

Some Drugs Create Awesome Knockers

Spironolactone

Digitalis

Cimetidine

Alcohol

Ketoconazole